

serpentine

Terpiscourante

Gary Roodman

Improper Duple for a 4 couple set in historical English style

Music: Courante CLXXXIII Michael Praetorius

A1 1-4 working in sets of two couples, side-by-side right with neighbor and fall back

5-6 set right and left

7-8 turn single

9-10 gypsy halfway with neighbor *

A2 1-4 with partner, side-by-side right and fall back

5-6 set right and left

7-8 turn single

9-10 gypsy halfway with partner

(everyone is diagonally across from where they began)

B 1-4 with partner, right hand turn once around

5-8 men change places; then women change places.

C 1-2 serpentine progression:** working in sets of two couples,

circle halfway and, for an instant, continue facing the couple you circled with.

3-4 couples 1 and 4 (who are standing back to back in the middle of the set) change places *while keeping their backs to each other*; man 1 and man 4 drawing their partners out and around the other couple (couple 1 moving down the set, couple 4 up) to face end couples

5-6 with the couple you are facing, circle halfway until couples 2 and 3 are standing back to back in the middle.

7-8 couples 2 and 3 do the serpentine progression in the middle

9-10 with the couple you are now facing, circle halfway.

11-12 couples 1 and 4 do the serpentine progression in the middle.

* It is helpful to warn the dancers that the A music has 10 bars

** *The middle of the serpentine progression can be thought of as a backward circle without taking hands with the other couple. There are exactly four beats for each piece of the progression - circling on the ends, then (backward circling in the middle, for three complete sets.*