

arch – “mow the wheat”, poussette

1 Northern Friends

2016 CDC

Sicilian Circle

Music: Manitou

A1, A2 “mow the wheat” - couple 1 (facing LoD) make an arch; couple 2 duck thru then make an arch and walking backward arch over the ones to place. (16)

repeat (exact same not reverse)

B1, B2 1 1/2 poussette to change places – face partner, take two hands and couple 1 move toward wall, couple 2 CoH; (men pass back to back) then reverse direction. Go 1 and 1/2 times and open to a new couple